

### Participant Updates & Life Changes

- Attendees share current locations, careers, and retirement status.
- Several discuss health updates, family developments (children, grandchildren), and lifestyle changes.
- Some mention relocations or seasonal living arrangements (e.g., splitting time between states).

### Discussion Topics

- **Aging & Life Perspective**
  - Reflections on aging, shifting priorities, and how perspectives have changed since college.
  - Conversations touch on staying active, mentally engaged, and socially connected.
- **Career Retrospectives**
  - Participants look back on their professional paths—some linear, others unexpected.
  - Discussion of transitions into retirement and how individuals are spending their time now.
- **Technology & Communication**
  - Mentions of adapting to new technology (Zoom, digital tools) to stay connected.
  - Recognition that virtual meetings are enabling continued group interaction.
- **Class History Project Progress**
  - Ongoing effort to gather stories, possibly for a written or recorded archive.
  - Emphasis on capturing diverse experiences rather than creating a single narrative.
  - Encouragement for more participation and contribution from classmates.
- **Memories & Shared Experiences**
  - Stories from college years—social life, academics, and cultural context of the time.
  - Comparisons between past and present societal norms and opportunities.

### Group Dynamics

- Inclusive and conversational; participants build on each other's comments.
- Frequent humor and nostalgia, but also thoughtful reflection.
- Supportive tone when discussing personal challenges or health issues.

### Key Takeaways

- Strong emphasis on preserving collective memory through storytelling.
- The group values connection, reflection, and documenting their shared history.
- Meetings serve both as social gatherings and as working sessions for the project.